



# Workshop - Mealtimes

Wednesday 30 May | 2.30pm - 4pm  
2 COCHRANE STREET, CAMIRA

AEIOU Foundation's workshops series is designed to provide you with the evidence behind our program, as well as practical tips and strategies to use at home. In this workshop, attendees will:

- Discuss common mealtimes problems for children with autism
- Learn strategies for increasing food variety, self-feeding and improving mealtimes behaviour
- Develop an individual plan for working with your child at home

**Read our blog 'I want my child to eat more food': [bit.ly/aeioufoodblog](http://bit.ly/aeioufoodblog)**

**REGISTER ONLINE: [aeiou.org.au/parents](http://aeiou.org.au/parents)**

**PLEASE DIRECT ENQUIRIES TO:**

**Louise Nasternak** - Centre Manager  
**p.** 3381 8767 **e.** [camira@aeiou.org.au](mailto:camira@aeiou.org.au)

**Parents & caregivers:** We request alternative arrangements are made for children while attending our workshop, with the exception of enrolled children during AEIOU class time.

**aeiou**  
FOUNDATION  
for children with autism

Registered NDIS Provider

