



**deiou**  
FOUNDATION  
for children with autism

My child's  
pre-planning  
guide for  
the NDIS



# About this guide

When your child has been accepted as an NDIS participant, you will be contacted by an Early Childhood Partner to arrange a planning meeting.

This booklet is a guide to help you prepare for that meeting, and prepare you for the questions the Partner will have for your child and family.

If you have any questions regarding this guide, please contact our NDIS Support Team on (07) 3320 7500 or email [ndis@aeiou.org.au](mailto:ndis@aeiou.org.au).

## **Families seeking support at AEIOU:**

- Can receive help to understand the NDIS application process
- Identify the supports your child and family may be eligible for
- Help you prepare for your planning meeting

## **Families currently enrolled at AEIOU can:**

- Access progress and supporting evidence reports for your planning meeting
- Receive assessments and reports for plan continuance



# NDIS terms

## Participant

A child who is eligible to get NDIS funded supports

## Participants Representative

Parent/Carer of the child who is eligible for funded supports

## Provider

The organisation/person who provides supports for the participant

## NDIA

National Disability Insurance Agency – the agency responsible for managing the scheme

## NDIS

National Disability Insurance Scheme – the scheme that manages the funding

## ECEI (Early Childhood Early Intervention) Partner/Partner

The person who works for the Early Childhood Partner and is responsible for helping you develop your child's NDIS plan. They focus on children up to the age of 7

## ECEI (Early Childhood Early Intervention) Planner/co-ordinator

The person who works for the Partner and is the first point of contact for the family

## LAC

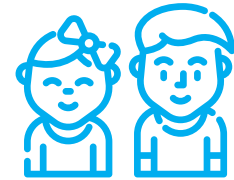
The Local Area Coordinator works with children 7 years and over, and their families

## Funding

Funded supports (money) provided in a child's plan in order to be able to access reasonable and necessary services and supports



# About your child (the NDIS participant)



Name:

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Age:

Gender:

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Male  Female

Address:

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Do they have an autism diagnosis?

Yes  No

If yes, do you know the level of their diagnosis?

Level  1  2  3

Not specified on their diagnostic report

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**TIP**

Need help? Call our  
NDIS Support Team  
on (07) 3320 7500

# About you (the child's representative)\*



Your name:

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As the participant's representative, are you the child's:

Parent

Carer

Your address:

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Phone number:

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Email:

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\* This booklet is for you to bring with you to assist during your planning meeting. You do not need to return this booklet to AEIOU Foundation.

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# Tell us about your child



Who lives at home with your child?

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What things does your child like to do e.g., play with toys, watch television?

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What does your child like to eat?

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Can your child participate in family activities or excursions into the community (e.g. restaurants, playgrounds, the beach, shopping centres, etc)? Please list areas you might need help with.

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What activities does your child like to do in the community (e.g. go to the park, swimming)?

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What supports does your child currently access (e.g. AEIOU Foundation's early intervention program, speech therapy, occupational therapy)?

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Have you tried mainstream supports (e.g. child care, preschool)?  Yes  No

If yes, what was your child's experience?

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# Let's talk about communication



How does your child express their needs and wants (e.g. PECS, sign, iPad, or vocal)?

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Does your child understand more than one instruction at a time (e.g. if asked to put shoes and hat on)?

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Does your child have conversation skills (e.g. can they answer questions, or tell you about their day)?

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Does your child speak spontaneously (e.g. only speaks when asked something, never initiates conversations with others)?

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Do you have any further concerns regarding communication?

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**TIP**

Talk to your child's speech therapist for information on technologies that may be funded by the NDIS.



# Let's talk about self-care skills



Does your child need help to shower, bathe, wash hands, or clean teeth?

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Does your child still wear nappies, or are they toilet trained?

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Please provide more information (e.g. Do they ask to go to the toilet, or wait until they are taken)?

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Dressing – can your child dress or undress themselves?

Not at all    With help    Completely independent

How does your child respond to having to wear shoes, hat, or sunscreen (eg, displays challenging behaviours when required to)?

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How does your child react when they need a haircut (do they display challenging behaviours)?

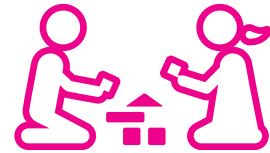
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## TIP

The NDIS will cover the cost of nappies for children who are developmentally delayed in this area.

# Let's talk about social development



Does your child notice other children?

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Does your child like to play with others?

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Does your child express challenging behaviours towards other children/adults (e.g. bite, hit, scratch)?

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How does your child express feelings or emotions (e.g. do they get frustrated/angry when they can't get what they want)?

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Do they display challenging behaviours (i.e. with tantrum behaviours or harm to themselves or others)?

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Does your child self harm (i.e. head banging, biting self)?

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# Let's talk about mealtimes



Is your child able to feed themselves (e.g. do they use cutlery, or do they eat finger food, etc.)?

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Does your child eat a wide variety of foods?

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Does your child eat only certain textures (e.g. crunchy, pureed or smooth foods, or certain colours of food)?

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Can your child sit at a table to eat?

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# Your child's goals

Having a clear idea on the goals you want your child to achieve when undertaking early intervention is important when applying for access to the NDIS.

There are a few things you should consider:

- Think of short-term and long-term goals
- What supports your child will need to achieve their goals
- What supports you will need to help you child achieve your goals (i.e. parent training)
- Be aware that you can change your goals at any time throughout your NDIS plan

## Examples of some goals:

### Short term;

We would like Johnny to calmly request for help in order to be able to regulate his emotions.

We would like Johnny to be able to approach his peers and initiate play with them.

We would like Johnny to eat three new foods (such as chicken, peas and corn) to increase his diet.

### Long term;

We would like Johnny to be able to regulate his emotions to help him be part of his family and the wider community.

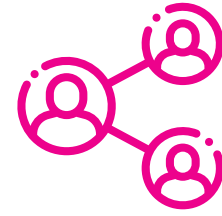
We would like Johnny to develop his social skills and to develop friendships with his peers.

We would like Johnny to be able to eat the same meals as the rest of his family.

**TIP**

AEIOU can prepare reports for you to take to your planning meeting.

# Communication goals



What I want my child to achieve

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Support my child will need to achieve their goal

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Support I will need to help my child achieve their goal

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**TIP**  
Your AEIOU therapy team can talk to you about goals for your child.







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# Social development goals



What I want my child to achieve

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Support my child will need to achieve their goal

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Support I will need to help my child achieve their goal (e.g. parent training)

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# Who would you like to manage your NDIS funding?

## Agency

This is where the NDIA manage your child's NDIS plan. Your provider makes claims and is paid directly by the NDIA.

Most AEIOU families choose this method. For some supports, such as behaviour supports, the NDIA may require the supports to be Agency Managed.

TIP: It's a good idea to for your provider to establish a service agreement with you when you are agency managed.

## Self-managed

Means the NDIS will pay you directly for the supports you claim under your child's NDIS plan budget. Being self-managed enables you to choose any provider whether they are registered with the NDIS or not.

TIP: If you choose to self-manage all or part of your NDIS budget, you are advised to establish a separate bank account for your NDIS funds.

## Registered Plan Manager

A Registered Plan Manager will pay all your supports included in your child's NDIS plan budget, on your behalf.

## All of the above

A combination of the above options can be used. It's important to know you remain in control of which support providers you ultimately choose to engage.

## HINT

Talk to your AEIOU NDIS Support team for more information on managing your NDIS plan's budget. Call (07) 3320 7500 or email [ndis@aeiou.org.au](mailto:ndis@aeiou.org.au).

## **AEIOU Foundation is a registered NDIS provider**

We deliver early intervention services for children with autism, aged two to six years. Our program develops communication, life skills, social skills and independence, giving children and families the best opportunity to live life to their full potential.

Each child's individual program includes a minimum of 20 hours specialised group early intervention, delivered by a transdisciplinary team of occupational therapists, speech and language pathologists, behaviour therapists, educators and learning facilitators.

## **AEIOU Foundation has centres in:**

### **Queensland**

Bray Park  
Bundaberg  
Camira  
Gold Coast  
Logan (opening 2018)  
Nathan  
Sunshine Coast  
Toowoomba  
Townsville

### **South Australia**

Brighton



**Contact us on 1300 273 435**

**[aeiou.org.au](http://aeiou.org.au)**

**[info@aeiou.org.au](mailto:info@aeiou.org.au)**